



## Virtual Weekend Couple Expectations

*Below are the expectations for couples attending a Virtual CEE Canada East Engaged Encounter Weekend. Please review them to prepare for the best possible experience for you and your fiancé.*

### Availability:

- The time and attention commitment for a virtual weekend is the same as a traditional weekend.
- Please make arrangements as if you were going away for the length of the weekend for childcare, work, pets and anything else that would demand your attention.
- You will be online for the duration of the scheduled weekend times.
- Schedule of 3-day Weekends: Friday: 6:30 PM to 9:30 PM  
Saturday: 8:00 AM to 3:45 PM  
Sunday: 8:00 AM to 3:45 PM
- Lunch break will be approximately 45 minutes. Short breaks are scheduled throughout the day.

### Technology:

- Reliable internet service is required – high speed internet preferred.
- You will need a device with a webcam (a cell phone is not recommended). You can share this device as a couple if you are together, or each use your own if you are separated by distance. Our preference is sharing a device to make our logistics easier.
- Please make sure your device is charged/plugged in.
- We will be using Zoom to run the weekend.  
We will do a technology test run. We will send a separate email with a link for this check-in. We anticipate the test run will last no longer than 45 minutes.

### Presenting yourselves online:

- Please dress as if we were meeting in person.
- Be mindful of the background in your location.
- Arrange a comfortable workspace. **We recommend sitting on chairs at a table or desk, not on a couch.** Lying in bed would be inappropriate.

### Structure of the weekend:

- The weekend will consist of cycles of listening to a presentation, writing to your fiancé, and sharing with your fiancé.
- Each cycle is 60-90 minutes.
- During presenting times: A married couple and priest will share on a specific topic. Both of you will need to be onscreen for the length of the presentation. You should have your workbooks with you during each presentation as you will be expected to write in them during many of the presentations.
- During writing times: You will be asked to separate to write – preferably in separate rooms. One of you will need to remain on camera during the writing time while you write.
- During sharing times: Please be sure your microphone is muted. Do not turn off your video. Be in view of your computer so you will know when time is up – we will be using a timer.
- Workbooks will be mailed to the bride's address (unless otherwise specified) one week prior to the weekend start date.
- If you do not receive your workbook, call **Annette & Frank at 1-519-240-7078** or contact us at **ceecanada@gmail.com**.